

CORNFEST

**SATURDAY
AUGUST 19, 2023**

5-K RUN, 10-K RUN, 1 MILE WALK/RUN

BIG STONE NATIONAL WILDLIFE REFUGE AUTO TOUR ROUTE

DIVISIONS

Guys and Girls: (14 & Under) (15-19) (20-29) (30-39) (40-49) (50-59)

AWARDS

Medals awarded in 5K and 10K races for first male and female division winners.
Ribbons for places 2-5 in each age division. Ribbons to all finishers in 1 mile walk.

CORNFEST SPIRIT AWARD WILL BE GIVEN

Dress up in Cornfest attire (corn hat, corn costume etc.)



SCHEDULE OF EVENTS



7:45 a.m. . . . Registration for 5K Run, 10K Run, and 1 Mile Walk/Run (Entrance of BSNWR)

8:30 a.m. . . . **Start 5-K Run and 10-K Run** (Paved Auto-tour route takes you through a quiet, leisurely trail along the Minnesota River)
Start 1-Mile Walk/Run (Entrance of BSNWR)

10 a.m. . . . Awards

Entry Fees: **5-K and 10-K Runs:** \$17 pre-registration, \$20 after August 7
1-Mile Walk/Run: \$3 per person, \$10 per family of 4 or more (no t-shirt)

Please return the bottom portion of this page before August 11, 2023.

RETURN TO: Big Stone Chamber Office, 987 US Highway 12, Ortonville, MN 56278

Additional registration forms can be downloaded from bigstonelake.com!

I hereby release Big Stone Lake Area Chamber, Cornfest Committee, other co-sponsoring agencies and individuals from responsibility for any injuries or damage I may suffer as a result of my participation in this event.

Print Name: _____ M/F _____

Signature: _____ Age Division: _____ T-shirt Size _____

Address: _____ City, State Zip: _____

Signature of Parent (if entrant is under age 18): _____

Please circle the event in which you are participating: **5K Run** **10K Run** **1 Mile Walk/RUN**